

SECONDARY MENU

WEEK 1

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Course	Chilli-Con-Carne Small Fry Vegetarian Lasagne	Roast Beef & Yorkshire Pudding Chicken & Broccoli Bake Veggie Savoury Mince	Beef Hotpot Broccoli & Ham Tagliatelle Vegetarian Pizza	Spaghetti Bolognese Turkey & Pineapple Curry Spicy Bean Burger	Roast Chicken & Stuffing Mega Macaroni Bake Vegemince & Bean Bake
Carbohydrates	Rice Chips Jacket Potatoes	Mashed Potato Jacket Potato Crusty Roll	Potato Wedges Mashed Potato Crusty Roll	Pasta Rice Crusty Roll	Roast Potatoes Boiled Potatoes Crusty Roll
Vegetables / Salad	Broccoli Garden Peas Sweetcorn Salad	Garden Peas Cabbage Swede/Carrot Salad	Sweetcorn Baked Beans Mixed vegetables Salad	Carrots Garden Peas Broccoli Salad	Cauliflower Green Beans Carrots Salad
Desserts	Flapjack & Custard Shortcake Gingerbread	Chocolate Crackle Sticky Toffee Pudding & Custard Ginger Cookies	Oaty Apricot Square Cherry Scone Steamed Chocolate Sponge & Chocolate Sauce	Steamed Marble Sponge & Pink Sauce Flapjack Lemon Finger	Apricot Bakewell Tart & Custard Chocolate Crackle Banana Bread

SECONDARY MENU

WEEK 2

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Course	Beef Madras Toad in the Hole Vegemince Bolognaise	Sweet & Sour Chicken Beef Casserole Spaghetti Napolitan	Roast Turkey & Stuffing Meatballs Quorn Sausage	Fishcake Chicken Tikka Cheese Pasta	Roast Beef & Yorkshire Pudding Bacon & Spaghetti Casserole Vegetable Curry
Carbohydrates	Rice Pasta Jacket Potato	Rice Potato Wedges Crusty Roll	Mashed Potatoes Pasta Jacket Potato	Chips Rice Crusty Roll	Roast Potatoes Crusty Roll Rice
Vegetables / Salad	Green Beans Baked Beans Mixed Vegetables Salad	Broccoli Garden Peas Sweetcorn Salad	Garden Peas Carrots Green Beans Salad	Mixed Vegetables Sweetcorn Mushy Peas Salad	Garden Peas Cabbage Carrots Salad
Desserts	Shortcake & Chocolate Sauce Flapjack & Custard Apricot Swirls	Apple and Cinnamon Crumble & Custard Gingerbread & Custard Chelsea Bun	Flapjack & Custard Pear Bakewell & Custard Oaty Biscuits	Steamed Chocolate Sponge & Custard Carrot Cake Ginger Cookie	Chocolate Crackle Flapjack & Custard Baked Orange Sponge

SECONDARY MENU

WEEK 3

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Course	Beef Lasagne Chicken Korma Veggie Sausage, Tomato & Bean Casserole	Roast Pork & Apple Sauce Tuna Napolitan Veggie Shepherd's Pie	Braised Steak & Yorkshire Pudding Bacon & Cheese Pasta Quorn Tikka	Meat Feast Pizza Ocean Pie 'Veggie' Meatballs in Tomato Sauce	Shepherd's Pie Spanish Chicken & Rice Spicy Tomato Tagliatelle
Carbohydrates	Potato Wedges Rice Herby Potatoes	Roast Potatoes Boiled Potatoes Crusty Roll	Jacket Potato Crusty Roll Rice	Mashed Potatoes Herby Potatoes Pasta	Potato Wedges Mashed potato Crusty Roll
Vegetables / Salad	Carrots Peas Baked Beans Salad	Broccoli Mixed vegetables Green Beans Salad	Sweetcorn Garden Peas Broccoli Salad	Broccoli Carrots Garden Peas Salad	Garden Peas Swede & Carrot Cauliflower Salad
Desserts	Wellington Fudge & Pink Sauce Flapjack & Custard Lemon Drizzle Cake	Chocolate Crunch & Custard Oaty Biscuits Blueberry Muffin	Gingerbread & Custard Swiss Roll Chocolate Crackle	Steamed Chocolate Sponge & Custard Flapjack Rice Pudding & Apricots	Date Flapjack & Custard Steamed Lemon Sponge Pudding & Custard Banana Muffin